



GLAUCOMA LASER SURGERY

Pre/Post Operative Instructions

Selective Laser Trabeculoplasty

Pre-Operative Instructions

- You may eat on the morning of surgery.
- Take all of your usual medications.
- Use your regular glaucoma drops in both eyes.
- You do not need to stop taking aspirin or blood thinners.

Post-Operative Instructions

- You will be asked to stay one hour after your surgery for an eye pressure measurement.
- Your eye will be slightly blurry from the medicine that is placed in your eye at the time of surgery. This usually goes away within 30-40 minutes. Most people feel comfortable to drive themselves home after surgery. Please arrange for transportation if you are unsure about your ability to drive yourself safely.
- You may be slightly light sensitive. Dark glasses can help reduce discomfort.
- Your eye should not hurt, but it may feel different. Please call your doctor if your eye is painful.
- It is safe to take Tylenol, Ibuprofen or aspirin after surgery.
- You may be slightly light sensitive. Dark glasses can help reduce discomfort.
- You will be prescribed an anti-inflammatory drop to use after surgery.
- There are no restrictions to your activities.
- Take your usual glaucoma eye drops unless instructed differently.
- Return for a follow-up appointment 1-2 weeks after your laser surgery.



GLAUCOMA LASER SURGERY

Pre/Post Operative Instructions

Laser Iridotomy

Pre-Operative Instructions

- Blood thinners
 - Stop taking aspirin 10 days prior to surgery.
 - Stop blood thinners such as Coumadin or Plavix, 5-7 days prior to surgery.
 - Ask for special instructions if you take other types of blood thinners.
- You may eat on the morning of surgery.
- Take all of your usual medications.
- Use your regular glaucoma drops in both eyes.

Post-Operative Instructions

- You may have a brow ache or a headache due to a special medicine we will give you to make the pupil smaller. You may take Tylenol to relieve the ache. Do not take aspirin or ibuprofen.
- Your eye will be slightly blurry from the surgery. This gradually improves within 1-4 days.
- Please arrange for transportation, as your vision may be too blurry to drive yourself safely.
- Your eye may feel slightly achy or sore. You will be prescribed an anti-inflammatory drop to use after surgery to help relieve the discomfort and help your eye heal.
- It is safe to take Tylenol after surgery. Do not use ibuprofen or aspirin for 3 days after surgery.
- You may resume taking Coumadin the day after surgery.
- You may be slightly light sensitive. Dark glasses can help reduce discomfort.
- Please refrain from heavy physical activity or lifting for 3-4 days after surgery.
- Take your usual glaucoma eye drops unless instructed differently.
- Return for a follow-up appointment 1 week after your laser surgery.