



BOTOX & FILLERS

Post-Injection Instructions

Botox, Xeomin & Myoblock

You may notice “bumps” from the Botox, Xeomin or Myobloc solution for 2 to 4 hours after injection. This is a clear fluid and will be absorbed quickly. There may also be some redness at the injection sites which will also clear rapidly. Occasionally there will be a small area of bruising especially on injections for the lower lids which will take 2 to 3 days to clear.

You can expect to see results starting 2 to 4 days and sometimes up to a week later. Most patients say they notice the sudden onset of effect when looking in the mirror one morning. In the rare occasion that you develop drooping of the lid, please contact us so that we can prescribe a medication to alleviate this.

NOTE: Avoid facials, aerobics and makeup for 24 hours after injections to minimize risk of infections. Please do not look for items under your bed as this may cause bleeding.

Filler Agents

You may notice “bumps” or some lumpiness to the injected areas or even swelling for the first few days. This usually resolves by itself and is self- limited. You may, however, massage this area gently with your fingers (like kneading dough) to smooth the area. But please do not over flatten as this will diminish the effect of the filler agent by working it out of the area that we want raised/lifted. If, however, these lumps persist, gentle massage under hot compresses will improve the lumpiness.

The area will look more “filled” or “puffy” for the first 2 days. When the injection swelling disappears the area may appear to need more filler. THIS IS NORMAL. Additional layering of the material works better than putting in a lot at one time.

Lips especially will swell for the first 24 hours just from being physically injected and can be iced as needed. Frozen peas work well as ice packs.



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DO NOT have deep facials, electrical/current type facials, ultrasound, or peels to this area as this will lessen the effect especially long term and may even cause the injected areas to become inflamed. Please avoid sun tanning parlors or severe direct sun tanning for the first few weeks after injections. Do NOT mix different filler agents without your physician's prior knowledge to avoid incompatibilities.

Any additional questions, please call us at (562) 988-8668.